

3

After College

After College

Transition from College

The transition from college can again be an exciting but anxious time. It can be particularly unsettling for some students who often find change difficult. There are transition workers, tutors and mentors that can support you with this. They can help you:

- prepare and plan for what you want to do next.
- get up to date information to help you make the right choice.
- choose a preferred destination which may be university, employment or further training (including apprenticeships).

University

If you want to go to university you will need to know:

- how to apply
- what the university is like and the courses available
- what qualifications you will need to access your chosen course
- how you can arrange a visits to see where the university is and what the campus is like
- who will go with you on the visit
- how to get to the university and where you will stay while you are there
- what student support services do
- what are you going to do while you are not in lectures
- what to do if you do not get the grades for your first choice university
- what to do if things start going wrong once at you are at university.

Employment

If you are not currently employed and want to get a job you will need to know:

- information on employment advice services e.g. careers,
- how to get help with mock interviews, complete application forms, etc.
- about Supported Employment Services
- what jobs you can do with your qualifications? Or will you need to do further qualifications to be able to do the job you want?
- there are a whole range of resources available on www.ASDinfoWales.co.uk/working-with-autism that may help you with this.

Training including traineeships and apprenticeships

You may wish to undertake further training or start an apprenticeship and there are people that can help with:

- information on training advice services e.g. careers, work based learning advisors
- how to get help with mock interviews, complete application forms etc.
- about Supported Employment Services
- what jobs you can do with your qualifications? Or will you need to do further qualifications to be able to do the job you want?
- there are a whole range of resources available on www.ASDinfoWales.co.uk/working-with-autism that may help you with this.

Appendix 3 – Student Action Plan /Check List

After college

When college is coming to an end, you'll need to start thinking about what's going to happen afterwards. Some people go into jobs or apprenticeships and others go to university, and some people take time off to travel, among other things.

To try and decide what to do after training answer the following questions;

What job would you like to do in the future?

Answer in the box

Circle your answer to this question

Do you need to do any more qualifications to be able to do that job YES or NO

If yes, it's worth preparing for further training and/or higher education.

What course do you need to apply for?

Answer in the box

Circle your answer to this question

If you can get the job straight out of college, have you applied for the job? YES or NO

What help do you need from college to get into a job?

Answer in the box

This guide doesn't cover everything about college life, however, it is designed to help you understand and plan for parts of it. If you have any additional comments, thoughts, ideas and plans, please note them down in the following box;