

Appendix ONE – Annual Report Summary against Work Plan 2018/19

ASD National Development Team Annual Report Summary against Work Plan 2018 – 19

The work plan for 2018/19 set out the high level priorities for the National ASD Development Team produced by the team for WG review and agreement. It was supplemented by a more detailed activity work programme and a budget summary.

The Autism Spectrum Disorder National Development Team supports the delivery of the ASD Strategic Plan and Delivery Plan in conjunction with key stakeholders. The team has worked with partners across Wales in response to engagement with autistic individuals and parents and carers, together with professionals, to produce an extensive set of resources to increase awareness of autism and to support autistic adults and children, professionals and service providers. The 2018/19 work plan and work programme was a consolidation of this work and included the ambition to rollout out the resources across Wales in an effective way with the support of partners and stakeholders. The work plan built on a foundation of a number of years of work among partners with a commitment to supporting and responding to the needs of autistic individuals and children and their parents and carers.

The implementation of the Integrated Autism Service across Wales was a further key priority and the team worked with the 7 Regional Partnership Boards (Social Care and Health) to support the effective establishment and delivery of these services for the benefit of autistic individuals, children with autism and their parents and carers in the context of existing services. The resources referenced above represent an important underpinning of the IAS delivery. The priorities in the work plan 2018/19 were based on a combination of priorities identified by Welsh Government; on-going discussions and informal feedback from stakeholders; the Evaluation of the IAS and ASD Strategic Action Plan Interim Report ¹ and the knowledge and experience of the National ASD Development Team, building on previous and existing work.

The work plan included an informal review of the role and structure of the National ASD Development Team and the WLGA implemented recommendations/ changes required.

¹ Evaluation of the Integrated Autism Service and ASD Strategic Action Plan: Interim Report, Dr Duncan Holtom and Dr Sarah Lloyd Jones, People & Work, ©Crown, 01/03/2018

1. Increasing use of existing training materials and resources	
Activity	Achievement/ Outcome
<p>1.1 To support the increased use of ASD training and support materials that have been developed by the National Development Team in partnership e.g. Learning with Autism, Working with Autism and Can you See Me?</p>	<p>Rolled out a train the trainer model in partnership with LAs, National Museum of Wales, community groups etc.</p> <p>Developed a strategic implementation plan for the LWA programmes</p> <p>Delivered a wide range of training sessions across a variety of sectors – Coast Guard, DWP, Colleges, Sports groups, Community Trusts etc.</p> <p>Began to scope out the impact evaluation of LWA programme</p>
<p>1.2 To make necessary adjustments to resources and materials taking into account feedback from stakeholders and those who have used the resources</p>	<p>Engaged with a wide range of stakeholders to gain views and suggested changes to existing resources e.g. some of the Autism Awareness questions were amended following feedback.</p> <p>Feedback responses have been collated to help inform some of the team’s work in 2019/20 and 2020/21</p> <p>A mailing list of stakeholders - including autistic adults and parents and carers has been developed to work on updating and revising existing resources in a planned and phased way.</p> <p>The team has changed its name in response to feedback</p>

<p>1.3 To continue to maintain and further develop the ASDinfoWales website as an integral resource for autistic children, autistic individuals, parents and carers and professionals.</p>	<p>The usage of the website continues to grow (<i>see stats in Chapter 1 of Annual Report document</i>)</p> <p>A specific “Resources leaflet” was produced that helps people navigate the website more effectively and assists professionals working with autistic people</p> <p>Website content has been continually maintained and updated</p>
<p>1.4 To support the roll out of the National Training Framework</p>	<p>Work begun on mapping existing training against the framework this has included:</p> <p style="padding-left: 40px;">Health colleagues, IASs, Education Professionals, Social Care Workers.</p> <p>Initial work undertaken to look at possible accreditation of resources against the framework. Linked to CPD hours.</p>
<p>1.5 To complete Emergency Services resources package</p>	<p>Pilot training package completed and to be rolled out in two pathfinder areas – Dyfed Powys Police and South Wales Fire and Rescue in 2019/20</p> <p>Train the trainer model developed as part of the package development</p> <p>Implementation plan produced</p>
<p>1.6 To support Mental Health Training Adults</p>	<p>Aspects specific adult mental health training has been rolled out across Wales</p>
<p>1.7 To scope an evaluation of the Learning with Autism scheme</p>	<p>Initial work re proposed model, impact measures, pilot settings etc. has been undertaken. The framework and method have been finalised to roll out in 2019-20</p>
<p>For further information, please see Chapters 1,2,4 and 8 of the Annual Report 2018/19</p>	

2. Training including development of new resources	
Activity	Achievement/ Outcome
2.1 To develop new resources concerning behaviour management training for parents/professionals	<p>Initial scoping undertaken re issues. Linked with IASs that had delivered specific behaviour management training to look at uptake and future developments. Further research is needed in this area to ensure that any development does not duplicate existing provision, is effective with a strong evidence base and can be used by parents.</p> <p>Some IASs areas already rolling out Parenting Behaviour Management courses – the feedback and outcome information will be used to inform work in this area in 2019-20 and 2020-21</p>
2.2 To develop new resources in relation to increasing knowledge and understanding of co-occurring mental health and autism in Children and Young People (within CAMHS and Children’s Social Services / Education teams - Powys work)	<p>Initial scoping with autistic young adults who had been in contact with specialist CAMHS services was undertaken. In addition, meetings have been held with autistic adults who have developed long and enduring mental health issues to look at what could have helped them when their difficulties began. This work has taken longer than anticipated as those involved needed additional time to feel comfortable discussing their lived experiences.</p> <p>Meetings with Hywel Dda and Powys ND Services have been held to look at possible model and roll out. Specification in draft</p>
2.3 To develop an access to leisure programme - adults	<p>This has been rolled out via the “Can You See Me” campaign and in partnership with IASs and ASD Leads. The team have also trained such groups as the Ospreys, Swansea City Football club, and the National Museum of Wales.</p>
2.4 To further develop post diagnostic support for the parents / carers of autistic children/ young people	<p>The parent carer film has been produced – this involved parents and carers and autistic young people in addition to professionals.</p>

	The project took longer to complete because it was co-produced but the end result was worth the extra time.
2.5 To develop a Further Education and Work Based Learning programme	<p>The “What is autism?” FE and WBL films produced – co produced with autistic people, parent carers and professionals.</p> <p>Task and finish groups established – via Colegau Cymru and NTF Wales.</p> <p>Resource packs for professionals and autistic people produced in draft. To be completed and rolled out for the new academic term in September 2019</p>
2.6 To review and develop appropriate post diagnostic support for Adults	<p>Post Diagnostic programme has been produced by 21 High Street and IASs (C&V and Gwent). This has been distributed to all IASs via the National ASD Development Team.</p> <p>Scoping work re the existing adult guides has begun. Feedback has been sought from some autistic adults and IASs. A much larger exercise is planned for 2019-20 to look at content, format and distribution</p> <p>A mapping exercise has been undertaken via the Community of Practice to look at existing post diagnostic support, sharing of best practice and any significant gaps.</p>
2.7 To further enhance early years resources with “Ble Mae Teifi?” campaign	A small catalogue of “Teifi” photographs have been collected to be used to promote the Early Years Scheme.
	For further information, please see Chapters 1, 2, 3, 4, 5, 6 & 7 of the Annual Report 2018/19

3. Supporting further development and embedding of Integrated Autism Services	
Activity	Achievement/ Outcome
3.1 To further support the effective implementation of the IAS across Wales	The IAS leads meetings and the Community of Practice have been facilitated throughout the year by the team with a strong focus on effective implementation and delivery. Specific training for the IASs has been developed by the National Team and is being rolled out across Wales. All 7 IASs are developed and operational across Wales
3.2 To review and update the guidance for IASs	The guidance has been reviewed and updated in collaboration with IAS leads
3.3 To develop and support the implementation of a data / performance monitoring system	A key data set has been developed to be rolled out in 2019-20 to be facilitated via Data Cymru. <i>The resource and time required to achieve this agreement with the IAS leads should not be underestimated.</i> The “Outcome Star” distance travelled planning tool is being utilised in every IAS. A full programme of training has been commissioned and delivered. An all Wales outcomes model is being developed and implemented. A suit of group interventions and outcome measures is being discussed to be implemented in 2019-20.
3.4 To review the ICF Reporting Framework	This has been completed as part of the data set and reporting framework work and will be incorporated into that system.
3.5 To increase awareness and understanding of the IAS across Wales	The IASs remit, background etc., form part of our core presentation that has been presented at conferences, RPBs, Head of Inclusion Forums, and at all our awareness raising or training events.

	The National Leads have engaged with many Local Authorities during 2018/19 in every region
	For further information, please see Chapters 1, 2, 3 and 10 of the Annual Report 2018/19

4. Facilitating Networks	
Activity	Achievement/ Outcome
4.1 To facilitate the National ASD Leads Forum	<p>This has met 4 times in 2018/19 – one session was a joint meeting and exchange of practise session with the IAS Leads. There was a clear work plan for the year to explore such topics as:</p> <ul style="list-style-type: none"> ○ The role of the ASD Lead ○ The Autism Bill ○ The Code of Practice for Autism Services ○ How to roll out the resources in an effective and sustainable manner ○ Knowledge and good practise exchange
4.2 To facilitate the National IAS Network	<p>This has met 4 times in 2018/19 – one session was a joint session with the IAS Leads for knowledge exchange. There was a clear work plan for the year to explore such topics as:</p> <ul style="list-style-type: none"> ○ The data set ○ The interface with existing services ○ Reporting mechanisms ○ Measuring outcomes ○ Issues and concerns regarding the IAS model ○ Best practice
4.3 To develop and establish a community of practice for adult diagnosis and IAS implementation	The Community of Practice has been established. Via the group the following have been agreed:

	<ul style="list-style-type: none"> ○ Adult diagnostic pathways ○ Agreed quality standards ○ Post diagnostic support ○ Guidance ○ Referral routes <p>In addition, the group has shared best practice, fed into research and learned of the latest research from a range of universities and individuals.</p> <p>Established an effective space to share experience, discuss issues and share solutions.</p>
4.4 To progress engagement with housing providers in order to highlight specific issues to be considered in providing housing for autistic people (social housing sector and PRS) and ensure any specific needs of autistic people can be met by housing providers	<p>A task and finish group of autistic adults, parent carers and professionals (housing and autism) was established.</p> <p>Revised Housing guidance aligned to the Housing (Wales) Act has been produced.</p>
	<p>For further information, please see Chapters 1, 2, 5, 7, 9, 10 & 11 of the Annual Report 2018/19</p>

5. Working with partners and stakeholders, including Welsh Government	
Activity	Achievement/ Outcome
5.1 To develop an engagement strategy, with a focus on co-production	<p>The engagement and participation strategy was co- produced and the draft was launched at the Going Gold Event at the Senedd on World Autism Day.</p> <p>The strategy was shared on ASDinfoWales for consultation.</p> <p>A mailing list of autistic people and parent carers who wish to be involved in the process has been compiled. This will be continually updated and amended depending on the focus of the work.</p>

<p>5.2 a. To support the development of WG Code of Practice on the delivery of autism in Wales and work with local authorities, health boards and other partners in implementing the requirements of the Code when published</p> <p>b. To maintain an overview on the progress of the proposed Autism Bill and support its development, if appropriate, through highlighting the positive on-going work on autism across Wales</p>	<p>a) the team helped facilitate the Code of Practice consultation events</p> <p>b) the team helped to coordinate the response to the proposed Autism Bill – this included giving evidence to the Health, Social Care and Sports Committee</p>
<p>5.3 To establish and facilitate new governance arrangements/advisory board to oversee delivery of work of the National Development team and to drive improvements in identified priority areas for ASD</p>	<p>Initial work has begun on establishing the board and management group (terms of reference drafted etc.,)</p>
<p>5.4 To progress an awareness raising campaign for autism in Wales</p>	<p>This has been the cornerstone of our awareness raising, training and engagement work.</p> <p>The team has presented at a number of conferences, awareness raising and other events including the Autism Shows, the Education Show, Housing events, Professional networks etc.</p>
<p>5.5 To support and enable development of stronger links between Regional Partnership Boards and ongoing work at local and regional levels on autism</p>	<p>The Strategic Lead has met with each RPB, with each IAS lead and presented on the work of the Local Authorities at a local level, the IAS and the wider autism agenda. This is ongoing work.</p> <p>The team have attended regional events, stakeholder groups, steering groups, planning days, awareness raising days etc. all over Wales</p>
<p>5.6 To further contact with other sectors to raise awareness of IASs and achieve senior level buy in and commitment to contributing to work on autism as appropriate</p>	<p>The team have met regularly with 3rd sector partners e.g. the NAS, the Autism Directory.</p> <p>The team have also made key strategic links with elected members and senior officers in Local Authorities, senior officers in Health Boards, Universities, etc.</p> <p>The team have developed a MOU with Public Health Wales and developed a joint work plan which has been agreed between the WLGA and PHW.</p>

<p>5.7 To coordinate an Autism Wales Conference in partnership with PHW, NAS and other key stakeholders</p>	<p>A national conference was held during World Autism Week “Promoting Autistic Wellbeing” in Swansea at the Liberty Stadium. The Event was co-produced with autistic people, parents/ carers and professionals. It was a self-funded event and £14k of sponsorship was secured from public, private and third sector partners.</p>
<p>5.8 To support National, European and International Exchange of Good Practice</p>	<p>The work with Cardiff University’s School of Psychology, Wales Autism Research Centre has continued with increased engagement with European partners in Italy, Latvia, Lithuania and Spain. The SIGNs project / Birthday Party film won Cardiff University’s Innovation & Impact Award for partnership working in Healthcare in 2019, including one that was the “People’s Choice”</p>
	<p>For further information, please see Chapters 1, 2, 5, 6, 7, 8, 9, 10 & 11 of the Annual Report 2018/19</p>

June 2019

Sara Harvey – National Strategic Lead for Autism
Wendy Thomas – National Professional Lead for Autism